

Schedule for Physicals for 2010-11 School Year

On Tuesday, May 18th we will have our physicals for the 2010-11 school year. This is the only day planned for physicals for next year. *You are certainly welcome to get your physical from your family physician.* Physicians from McBride Clinic are providing this service to us, but as in the past we are charging a \$15.00 fee (checks should be made payable to Deer Creek Athletics) which is used to supplement the cost of tape and medical supplies. Because we anticipate a fairly large number of students for these physicals we will need to stagger the times that groups report for physicals. Please arrive a “few minutes early” and be sure to have the side which says “OSSAA Physical examination and parental consent form” filled out before coming to physicals – this is your medical history and should be filled out with your parents and signed. Please come through the glass doors on the southeast side of the HS gym foyer to enter. Please follow the schedule below as closely as possible.

6:00 – HS Football

6:20 - HS Girls & Boys Basketball, Wrestling, Baseball

6:40 – HS Cross Country, Track, Tennis, Soccer, Golf

6:50 – Cheer & Pom

7:00 - HS Softball, Volleyball, Swimming

7:20 – 8th grade athletes

7:30 – 6th-7th grade athletes

PLEASE PLAN ON ARRIVING NO MORE THAN 5 MINUTES EARLIER THAN YOUR SCHEDULED TIME, AND ALSO PLAN ON WAITING: WE WILL HAVE A LOT OF PHYSICALS TO DO AND ARE SUBJECT TO DOCTORS SCHEDULES.

If you did not get a copy of the physical form from your coach you can get one from the OSSAA website. Go to www.ossaa.com then go to forms, then look for the physical form. Please have the history side of this form filled out with parent signatures before arriving for your physical.